Suggested Resources for Examination Preparation

Below you will find the Exam Resources broken into lists based on classic vs. contemporary resources and also by competency area. This is especially helpful for individuals who need to focus their studying on specific content areas.

Contemporary Resources

Barrera (2003). Rocks to Diamonds: Mining the Riches of Diversity for Our Children. Zero to Three, 23(5), 8-15

Berlin, L.J., Ziv, Y., Amaya-Jackson, L., and Greenberg, M. (Eds.) (2005). Enhancing early relationships: Theory, research, intervention and policy. New York: Guilford Press.

Berlin, L., Zeanah, C.H., & Lieberman, A.F. (2008). Prevention and Intervention programs for supporting early attachment security. In J. Cassidy & P. Shaver (Eds), Handbook of attachment, 2nd edition. New York: Guilford Press.

Brazelton, T., & Sparrow, J. (2006). Touchpoints: Birth to Three (2nd ed.). Cambridge, MA: Da Capo Press.

Cassidy, J. & Shaver, P. R. (Eds.). (2008). Handbook of attachment: Theory, research, and clinical applications, 2nd Ed. (pp. 3-22). New York: Guilford Press.

Chazan-Cohen, R. & Summers, S. (2011). Understanding Early Childhood Mental Health: A Practical Guide for Professionals. Baltimore, MD: Brookes Publishing Company.

Davies, D. (2011). Child development: A practitioner's guide (3rd ed.). New York: The Guilford Press.

Lieberman, A.F. & Van Horn, P. (2008). Psychotherapy with infants and young children: Repairing the effects of stress and trauma on early attachment. New York: The Guilford Press.

Lieberman, A.F., Padron, E., Van Horn, P., & Harris, W. (2005). Angels in the Nursery: The intergenerational transmission of benevolent parental influences. Infant Mental Health Journal, 26(6), 504-520.

Lynch. E.W., & Hanson, M.J. (Eds.). (2004). Developing cross-cultural competence: A guide for working with children and their families. Baltimore, MD: Brookes Publishing.

Oppenheim, D. & Goldsmith, D. F. (Eds.). (2007). Attachment theory in clinical work with children: Bridging the gap between research and practice (pp. 203-225). New York: Guilford Press.

Osofsky, J. D. (Ed.). (2011). Clinical work with traumatized young children. New York: Guilford Press

Shirilla, J., & Weatherston, D. (Eds.) (2002). Case studies in infant mental health: Risk, resiliency, and relationships. Washington, D.C.: Zero to Three Press.

Slade, A. (2005). Parental reflective functioning: An introduction. Attachment & Human Development, 7, 269-281.

Solomon, J. & George, C. (2011). Disorganized attachment and caregiving. New York: Guilford Press.

Stern, D. (2008). The clinical relevance of infancy. Infant Mental Health Journal, 29, 177-188.

Weatherston, D., & Tableman, B. (2002). Infant mental health services: Supporting competencies/ Reducing Risks (2nd ed.). Southgate, MI: Michigan Association for Infant Mental Health.

Zeanah, C. H. (Ed.) (2009). Handbook of infant mental health (3rd ed.). New York: The Guilford Press.

Zero to Three, National Center for Infants, Toddlers and Families (2005). Diagnostic classification of mental Health and developmental disorders of infancy and early childhood: Revised (DC-0 to 3R). Arlington, VA: Zero to Three.

Classic Resources (through 1999)

Bowlby, J. (1988). A secure base: Parent-child attachment and healthy human development.New York: Basic Books, Inc.

Erickson, M., & Kurz-Riemer, K. (1999). Infants, toddlers, and families. New York: The Guilford Press.

Fraiberg, S. (Ed.) (1980). Clinical studies in infant mental health. New York: Basic Books.

Fraiberg, S., & Adelson, E., & Shapiro, V. (1975). Ghosts in the nursery: A psychoanalytic approach to the problems of impaired infant-mother relationships. Journal of American Academy of Child Psychiatry, 13, 387-421 [Reprinted in L Fraiberg (Ed.) Selected Writings of Selma Fraiberg (pp. 100-136). Columbus, OH: Ohio State University Press, 1987].

Greenspan, S.I. (1985). First feelings: Milestones in the emotional development of your baby and child. New York: Viking.

Lieberman, A. (1993). The emotional life of the toddler. New York: The Free Press.

Lieberman, A., & Zeanah, C. (1999). Contributions of attachment theory to infant-parent psychotherapy and other interventions with infants and young children. In J. Cassidy & P. Shaver (Eds), Handbook of attachment. New York: Guilford Press.

Pawl, J. & St. John, M. (1998). How you are is as important as what you do. In Making a positive difference for infants, toddlers and their families. Washington, D.C: Zero to Three.

Pawl, J. (1995). The therapeutic relationship as human connectedness: Being held in another person's mind. Bulletin for Zero to Three, 15, pp. 3-5.

Stern, D. N. (1995). The motherhood constellation: A unified view of parent-infant psychotherapy. New York, NY: Basic Books.

Trout, M. (1982). The language of parent-infant interaction. In J. Stack (Ed.), The special infant. New York: Human Sciences Press.

Wright, B. (1986). An approach to infant-parent psychotherapy. Infant Mental Health Journal, 7(4), 247-263.

Weatherston, D., & Tableman, B. (2002). Infant mental health services: Supporting competencies/ Reducing Risks (2nd ed.). Southgate, MI: Michigan Association for Infant Mental Health.

Zeanah, C. H. (Ed.) (2009). Handbook of infant mental health (3rd ed.). New York: The Guilford Press.

Zero to Three, National Center for Infants, Toddlers and Families (2005). Diagnostic classification of mental health and developmental disorders of infancy and early childhood: Revised (DC-0 to 3R). Arlington, VA: Zero to Three.

Theoretical Foundations: The Theoretical Foundations domain is made up of many competency areas. Depending on your own individual strengths and areas of need, you may select from any of the competency areas from within this domain to begin studying.

Pregnancy and Early Parenthood

Brazelton, T., & Sparrow, J. (2006). Touchpoints: Birth to Three (2nd ed.). Cambridge, MA: Da Capo Press.

Browne, J.V. (2004). New Perspectives on Premature Infant and their Parents. Zero to Three, 24(2), 4-12.

Osofsky, J., & Fitzgerald, H. (Eds). (2000). WAIMH Handbook for infant mental health. New York: Wiley, Inc.

Siegel, D. & Harzell, M. (2003). Parenting from the inside out. New York: NY: J.P. Tarcher/Putnam.

Slade, A. (2002). Keeping the baby in mind: A critical factor in perinatal mental health. Zero to Three, 22(6),10-16.

Slade, A. (2005). Parental reflective functioning: An introduction. Attachment & Human Development, 7,269-281.

Stern, D. (2008). The clinical relevance of infancy. Infant Mental Health Journal, 29, 177-188.

Stern, D. N. (1995). The motherhood constellation: A unified view of parent-infant psychotherapy. New York, NY: Basic Books.

Zeanah, C.H. (Ed.) (2009). Handbook for infant mental health (3rd ed.). New York: The Guilford Press.

Infant/Very Young Child/Family Centered Practice

Berlin, L.J. Ziv, Y., Amaya-Jackson, L., and Greenberg, M. (Eds) (2005). Enhancing early relationships: Theory, research, intervention and policy. New York: Guilford Press.

Erickson, M., & Kurz-Reimer, K. (1999). Infants, toddlers, and families. New York: The Guilford Press.

Foley, G.M. & Hochman, J.D. (Eds.) (2006). Mental health in early intervention: Achieving unity in principles and practices. Baltimore, MD: Paul H. Brookes Publishing.

Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.

Pawl, J. & St. John, M. (1998). How you are is as important as what you do. In making a positive difference for infants, toddlers and their families. Washington, D.C.: Zero to Three.

Slade, A. (2005). Parental reflective functioning: An introduction. Attachment & Human Development, 7,269-281.

Weatherston, D., & Tableman, B. (2002). Infant mental health services: Supporting competencies/reducing risks (2nd ed.). Southgate, MI: Michigan Association for Infant Mental Health.

Zeanah, C.H. (Ed.) (2009). Handbook for infant mental health (3rd ed.). New York: The Guilford Press.

Infant/Very Young Child Development & Behavior

Brazelton, T., & Sparrow, J. (2006). Touchpoints: Birth to Three (2nd ed.). Cambridge, MA: Da Capo Press.

Chazan-Cohen R. & Summers, S. (2011). Understanding Early Childhood Mental Health: A Practical Guide for Professionals. Baltimore, MD: Brookes Publishing Company.

Davies, D. (2011). Child development: A practioner's guide (3rd ed.). New York: The Guilford Press.

Dunn, Winnie (2007). Supporting Children to Participate Successfully in Everyday Life by Using Sensory Processing Knowledge. Infants & Young Children: An Interdisciplinary Journal of Special Care Practices, 20(2), 84-101.

Finello, K.M. (Ed.) (2005). The Handbook of training & practice in infant & preschool mental health. San Francisco, CA: Jossey-Bass.

Greenspan, S.I. (1985). First Feelings: Milestones in the emotional development of your baby and child. New York: Viking.

Landy, S. (2002). Pathways to competence: Encouraging healthy social and emotional development in young children. Baltimore, MD: Paul H. Brookes Publishing Co.

Lieberman, A. (1993). The Emotional life of the toddler. New York: The Free Press.

Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.

Robinson, J.L. (2008) Early empathy and prosocial behavior. Encyclopedia of Infancy and Early Childhood. Vol. 1, pp. 441-450. NY: Oxford.

Stern, D. (2008). The clinical relevance of infancy. Infant Mental Health Journal, 29, 177-188.

Zeanah, C.H. (Ed.) (2009). Handbook for infant mental health (3rd ed.). New York: The Guilford Press.

Measures of infant development and family capabilities: Ages & Stages Questionnaire (ASQ-3), Ages & Stages Questionnaire: Social-Emotional (ASQ:SE), HOME, Infant Toddler Developmental Assessment (IDA), Infant Toddler Social Emotioanl Assessment (ITSEA), Devareaux Early Childhood Assessment (DECA), PICCOLO, and/or Massie-Campbell ADS.

Relationship-Based Therapeutic Practice

Davies, D. (2011). Child development: A practioner's guide (3rd ed.). New York: The Guilford Press.

Fenichel, E. (Ed.). (1992). Learning through supervision and mentorship to support the development of infants, toddlers, and families: A source Book. Washington, D.C.: Zero to Three.

Fraiberg, S. (Ed.) (1980). Clinical studies in infant mental health. New York: Basic Books.

Fraiberg, S., & Adelson, E., & Shapiro, V. (1975). Ghosts in the Nursery: A psychoanalytic approach to the problems of impaired infant-mother relationships. Journal of American Academy of Child Psychiatry, 13, 37-421. [Reprinted in L. Fraiberg (Ed.) Selected Writings of Selma Fraiberg (pp. 100-136). Columbus, OH: Ohio State University Press, 1987].

Michigan Association for Infant Mental Health (2012). Reflective supervision for infant mental health practitioners. Training DVD available at: http://www.mi-aimh.org/products/dvd/reflective-supervision-dvd

Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.

Parlakian, R. (2001). Look, listen, and learn: Reflective supervision and relationship-based work. Washington, D.C.: Zero to Three.

Pawl, J. & St. John, M. (1998). How you are is as important as what you do. In making a positive difference for infants, toddlers and their families. Washington, D.C: Zero to Three.

Weatherston, D. (2007) A home based infant mental health intervention: The centrality of relationship in reflective supervision. Zero to Three, 28(2), 23-28.

Weatherston, D., & Tableman, B. (2002). Infant mental health services: Supporting competencies/reducing risks (2nd ed.). Southgate, MI: Michigan Association for Infant Mental Health.

Family Relationships & Dynamics

Berlin, L.J. Ziv, Y., Amaya-Jackson, L., and Greenberg, M. (Eds) (2005). Enhancing early relationships: Theory, research, intervention and policy. New York: Guilford Press.

Erickson, M., & Kurz-Reimer, K. (1999). Infants, toddlers, and families. New York: The Guilford Press.

Lieberman, A.F., Padron, E., Van Horn, P., & Harris, W. (2005). Angels in the Nursery: The intergenerational transmission of benevolent parental influences. Infant Mental Health Journal, 26(6), 504-520.

Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.

Siegel, D. & Harzell, M. (2003). Parenting from the inside out. New York: NY: J.P. Tarcher/Putnam.

Slade, A. (2005). Parental reflective functioning: An introduction. Attachment & Human Development, 7,269-281.

Trout, M. (1982). The language of parent-infant interaction. In J. Stack (Ed.), The special infant. New York: Human Sciences Press.

Cultural Competence

Barrera (2003). Rocks to Diamonds: Mining the Riches of Diversity for Our Children. Journal of Zero to Three, 23(5), 8-15.

Heffron, M., Grunstein, S., & Tiemon, S. (2007). Exploring diversity in supervision and practice. Zero to Three, 28(2), 34-38.

Lynch, E.W. & Hanson, M.J. (Eds.). (2004). Developing cross-cultural competence: A guide for working with children and their families. Baltimore, MD: Brookes Publishing.

Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.

Attachment, Separation, Trauma & Loss

Berlin, L., Zeanah, C.H., & Lieberman, A.F. (2008). Prevention and intervention programs for supporting early attachment security. In J. Cassidy & P. Shaver (Eds), Handbook of attachment: Theory, research, and clinical applications, 2nd Ed. New York: Guilford Press.

Bowlby, J. (1988) A secure base: Parent-child attachment and healthy human development. New York: Basic Books, Inc.

Cassidy, J. & Shaver, P.R. (Eds.). (2008). Handbook of attachment: Theory, research, and clinical applications, 2nd Ed. (pp. 3-22). New York: Guilford Press.

Felitti V. J., Anda, R. F., Nordenberg D., Williamson D. F., Spitz A. M., Edwards V., Koss M. P., & Marks J. S. (1998). Relationship of childhood abuse and household dysfunction to many of the

leading causes of death in adults. The Adverse Childhood Experiences (ACE) Study. American Journal of Preventive Medicine, 14, 245-258

Lieberman, A.F., Padron, E., Van Horn, P., & Harris, W. (2005). Angels in the Nursery: The intergenerational transmission of benevolent parental influences. Infant Mental Health Journal, 26(6), 504-520.

Lieberman, A. F. & Van Horn, P. (2005). Don't hit my mommy: A manual for child-parent psychotherapy with young witnesses of family violence. Arlington, VA: Zero to Three.

Lieberman, A.F. & Van Horn, P. (2008) Psychotherapy with infants and young children: Repairing the effects of stress and trauma on early attachment. New York: The Guildford Press.

Lieberman, A. & Zeanah, C. (1999). Contributions of attachment theory to infant-parent psychotherapy and other interventions with infants and young children. In J. Cassidy & P. Shaver (Eds), Handbook of attachment. New York: Guilford Press.

McDonough, S. (2000). Interaction guidance: Understanding and treating the early infant-caregiver relationship disturbances. In C. Zeanah, Jr. (Ed. 2nd Ed.), Handbook of infant mental health. New York: Guilford Press.

Michigan Department Of Human Services And Michigan Association For Infant Mental Health Joint Policy Statement on Attachment in Infancy And Best Practice Recommendations For Decision For Decision-Making For Infants/Toddlers in Foster Care (2014). www.mi-aimh.org

Oppenheim, D. & Goldsmith, D.F. (2007). Attachment theory in clinical work with children: Bridging the gap between research and practice (pp. 203-225). New York: Guilford Press.

Osofsky, J.D. (Ed.) (2011). Clinical work with traumatized young children. New York: Guilford Press.

Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.

"Right from the Start" Video, published by Child Development Media, Inc.

Sameroff, A., McDonough, S., & Rosenblum, K. (Eds.) (2004). Treating parent-infant relationship problems: Strategies for intervention. New York, NY: The Guilford Press.

Soloman, J. & George, C. (2011). Disorganized attachment and caregiving. New York: Guilford Press.

Trout, M. video series, "Awakening and the Growth of Attachment."

Zero to Three, National Center for Infants, Toddlers and Families (2005). Diagnostic classification of mental health and developmental disorders of infancy and early childhood: Revised (DC: 0-3R). Arlington, VA: Zero to Three.

Psychotherapeutic Behavioral Theories of Change

Fraiberg, S. (Ed.) (1980). Clinical studies in infant mental health. New York: Basic Books.

Osofsky, J., & Fitzgerald, H. (Eds). (2000). WAIMH Handbook for infant mental health. New York: Wiley, Inc.

Disorders of Infancy & Early Childhood

Chazan-Cohen R. & Summers, S. (2011). Understanding Early Childhood Mental Health: A Practical Guide for Professionals. Baltimore, MD: Brookes Publishing Company.

Dunn, Winnie (2007). Supporting Children to Participate Successfully in Everyday Life by Using Sensory Processing Knowledge. Infants & Young Children: An Interdisciplinary Journal of Special Care Practices, 20(2), 84-101.

Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.

Zeanah, C.H. (Ed.) (2009). Handbook for infant mental health (3rd ed.). New York: The Guilford Press.

Zero to Three, National Center for Infants, Toddlers and Families (2005). Diagnostic classification of mental health and developmental disorders of infancy and early childhood: Revised (DC: 0-3R). Arlington, VA: Zero to Three.

Mental & Behavioral Disorders in Adults

Gunderson (2011). Borderline Personality Disorder. New England Journal of Medicine, 264(21), 2037-2042.

Osofsky, J., & Fitzgerald, H. (Eds). (2000). WAIMH Handbook for infant mental health. New York: Wiley, Inc.

Direct Service Skills: The Direct Service Skills domain is made up of many competency areas. Depending on your own individual strengths and areas of need, you may select from any of the competency areas from within this domain to begin studying.

Intervention/Treatment Planning

McDonough, S. (2000). Interaction guidance: Understanding and treating the early infant-caregiver relationship disturbances. In C. Zeanah, Jr. (Ed. 2nd Ed.), Handbook of infant mental health. New York: Guilford Press.

Sameroff, A., McDonough, S., & Rosenblum, K. (Eds.) (2004). Treating parent-infant relationship problems: Strategies for intervention. New York, NY: The Guilford Press.

Weatherston, D., & Tableman, B. (2002). Infant mental health services: Supporting competencies/reducing risks (2nd ed.). Southgate, MI: Michigan Association for Infant Mental Health.

Zeanah, C.H. (Ed.) (2009). Handbook for infant mental health (3rd ed.). New York: The Guilford Press.

Zero to Three, National Center for Infants, Toddlers and Families (2005). Diagnostic classification of mental health and developmental disorders of infancy and early childhood: Revised (DC: 0-3R). Arlington, VA: Zero to Three.

Parent-Infant/Young Child Relationship Based Therapies and Practices

Bick, J. & Dozier, M (2013). The effectiveness of an attachment-based intervention in promoting foster mothers' sensitivity toward foster infants. Infant Mental Health Journal, 34(2), 95-103.Fraiberg, S. (Ed.) (1980). Clinical studies in infant mental health. New York: Basic Books.

Fraiberg, S., & Adelson, E., & Shapiro, V. (1975). Ghosts in the Nursery: A psychoanalytic approach to the problems of impaired infant-mother relationships. Journal of American Academy of Child Psychiatry, 13, 37-421. [Reprinted in L. Fraiberg (Ed.) Selected Writings of Selma Fraiberg (pp. 100-136). Columbus, OH: Ohio State University Press, 1987].

Lieberman, A. F. & Van Horn, P. (2005). Don't hit my mommy: A manual for child-parent psychotherapy with young witnesses of family violence. Arlington, VA: Zero to three.

Lieberman, A.F. & Van Horn, P. (2008) Psychotherapy with infants and young children: Repairing the effects of stress and trauma on early attachment. New York: The Guildford Press.

Lieberman, A. & Zeanah, C. (1999). Contributions of attachment theory to infant-parent psychotherapy and other interventions with infants and young children. In J. Cassidy & P. Shaver (Eds), Handbook of attachment. New York: Guilford Press.

McDonough, S. (2000). Interaction guidance: Understanding and treating the early infant-caregiver relationship disturbances. In C. Zeanah, Jr. (Ed. 2nd Ed.), Handbook of infant mental health. New York: Guilford Press.

Michigan Association for Infant Mental Health (2012). Reflective supervision for infant mental health practitioners. Training DVD available at: http://www.mi-aimh.org/products/dvd/reflective-supervision-dvd

Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.

Pawl, J. (1995). The therapeutic relationship as human connectedness: Being held in another person's mind. Bulletin for Zero to Three, 15, 3-5.

Sameroff, A., McDonough, S., & Rosenblum, K. (Eds.) (2004). Treating parent-infant relationship problems: Strategies for intervention. New York, NY: The Guilford Press.

Shirilla, J., & Weatherston, D. (Eds.) (2002). Case studies in infant mental health: Risk, resiliency, and relationships. Washington, D.C.: Zero to Three Press.

Stern, D. N. (1995). The motherhood constellation: A unified view of parent-infant psychotherapy. New York, NY: Basic Books.

Wright, B. (1986). An approach to infant-parent psychotherapy. Infant Mental Health Journal, 7(4), 247-263.

Screening & Assessment

Measures of infant development and family capabilities: Ages & Stages Questionnaire (ASQ-3), Ages & Stages Questionnaire: Social-Emotional (ASQ:SE), HOME, Infant Toddler Developmental Assessment (IDA), Infant Toddler Social Emotioanl Assessment (ITSEA), Devareaux Early Childhood Assessment (DECA), PICCOLO, and/or Massie-Campbell ADS.

Michigan Association for Infant Mental Health (2005). Guidelines for comprehensive assessment of infants and their parents in the child welfare system. Southgate, MI.

Tableman, B., & Paradis, N. (2008). Courts, child welfare and infant mental health: Improving outcomes for abused/neglected infants and toddlers. Southgate, MI: Michigan Association for Infant Mental Health.

Weatherston, D., & Tableman, B. (2002). Infant mental health services: Supporting competencies/reducing risks (2nd ed.). Southgate, MI: Michigan Association for Infant Mental Health.

Zeanah, C.H. (Ed.) (2009). Handbook for infant mental health (3rd ed.). New York: The Guilford Press.

Zero to Three, National Center for Infants, Toddlers and Families (2005). Diagnostic classification of mental health and developmental disorders of infancy and early childhood: Revised (DC: 0-3R). Arlington, VA: Zero to Three.

Observation & Listening

Parlakian, R. (2001). Look, listen, and learn: Reflective supervision and relationship-based work. Washington, D.C.: Zero to Three.

Trout, M. (1982). The language of parent-infant interaction. In J. Stack (Ed.), The special infant. New York: Human Sciences Press.

Weatherston, D., & Tableman, B. (2002). Infant mental health services: Supporting competencies/reducing risks (2nd ed.). Southgate, MI: Michigan Association for Infant Mental Health.

Responding with Empathy

Lieberman, A. (1993). The Emotional life of the toddler. New York: The Free Press.

Pawl, J. & St. John, M. (1998). How you are is as important as what you do. In making a positive difference for infants, toddlers and their families. Washington, D.C.: Zero to Three.

Service Delivery Systems

Center for Mental Health Services, Substance Abuse and Mental Health Services Administration and Services, U.S. Dept. of Health and Human Services. (2000). Early childhood mental health consultation [Monograph]. Washington, D.C.: National Technical Assistance Center for Children's Mental Health, Georgetown University Child Development Center.

Foley, G.M. & Hochman, J.D. (Eds.) (2006). Mental health in early intervention: Achieving unity in principles and practices. Baltimore, MD: Paul H. Brookes Publishing.

Michigan Association for Infant Mental Health (2005). Guidelines for comprehensive assessment of infants and their parents in the child welfare system. Southgate, MI.

Tableman, B., & Paradis, N. (2008). Courts, child welfare and infant mental health: Improving outcomes for abused/neglected infants and toddlers. Southgate, MI: Michigan Association for Infant Mental Health.

REFLECTION: The Reflection domain is made up of many competency areas. Depending on your own individual strengths and areas of need, you may select from any of the competency areas from within this domain to begin studying.

Reflective Supervision

Atchley, T., Hall, S., Martinez, S. & Gilkerson, L. (2009). What are the phases of the reflective supervision meeting? In S.S. Heller & L. Gilkerson (Eds.). A practical guide to reflective supervision. (pp. 83-98). Washington, DC: Zero to Three Press.

Bernstein, V. (2002-03). Standing firm against the forces of risk: Supporting home visiting and early intervention workers through reflective supervision. Newsletter of the Infant Mental Health Promotion Project (IMP), 35.

Bernstein, V. J., & Edwards, R. C. (2012). Supporting early childhood practitioners through relationship-based, reflective supervision.National Head Start Association Dialog, 15(3), 286-301.

Brandt, K. (2014). Transforming clinical practice through reflection work. In Brandt, K., Perry, B. D. Seligman, S. & Tronick, E. (Eds.),Infant and early childhood mental health: Core concepts and clinical practice. (pp. 293-307). Washington, DC: American Psychiatric Publishing.

Denmark, N. & Jones Harden, B. (2012). Meeting the mental health needs of staff. In S. Janko Summers & R. Chazan-Cohen (Eds). Understanding early childhood mental health: A practical guide for professionals (pp. 217-226). Baltimore: Brookes.

Eggbeer, L., Mann, T, & Seibel, N. (2007). Reflective supervision: Past, present, and future. Zero to Three, 28(2), 5-9.

Eggbeer, L. Shahmoon-Shanok, R. & Clark, R. (2010). Reaching toward an evidence base for reflective supervision. Zero to three, 31(2), 39-50.

Emde, R. (2009). Facilitating reflective supervision in an early child development center. Infant Mental Health Journal, 30(6), 664-672.

Fenichel, E. (Ed.). (1992). Learning through supervision and mentorship to support the development of infants, toddlers, and families: A source Book. Washington, D.C.: Zero to Three.

Gilkerson, L. (2004). Reflective supervision in infant/family programs: Adding clinical process to non-clinical settings. Infant Mental Health Journal, 25(5), 424-439.

Gilkerson, L., Hofherr, J., Steir, A., Cook, A., Arbel, A., Heffron, M.C., Sims, J.M., Jalowick, B., Bromberg, S.R., & Paul, J.J. (2012). Implementing the Fussy Baby Network ® Approach, Zero to Three, 32(2), 59-65.

Heffron, M.C. (2005). Reflective supervision in infant, toddler, and preschool work. In K. Finello (Ed.), The handbook of training and practice in infant and preschool mental health, (pp. 114-136). San Francisco, CA: Jossey-Bass.

Heffron, M.C., & Murch, T. (2010). Reflective supervision and leadership in early childhood programs. Washington, DC: Zero to Three Press.

Heffron, M.C., Ivins, B. & Weston, D. R. (2005). Finding an authentic voice: Use of self: Essential learning processes for relationship-based work. Infants & Young Children, 18(4), 323-336.

Heller, S. & Gilkerson, L. (Eds.) (2009). A practical guide to reflective supervision. Washington, D.C.: Zero to Three.

Infant Mental Health Journal (Nov-Dec 2009). Working within the context of relationships: Multidisciplinary, relational, & reflective practice, training, & supervision. Vol. 30, No. 6.

Mann, K. Gordon, J. MacLeod, A. (2009). Reflection and reflective practice in health professions education, Advances in Health Science Education, 14, 595-621.

Michigan Association for Infant Mental Health (2012). Reflective supervision for infant mental health practitioners. Training DVD available at: http://www.mi-aimh.org/products/dvd/reflective-supervision-dvd

Neilsen-Gatti, S., Watson, C. & Siegel C. (2011). Step back and consider: Learning from reflective practice in infant mental health. Young Exceptional Children, 14(2), 32-45.

O'Rourke, P. (2011). The significance of reflective supervision for infant mental health work. Infant Mental Health Journal, 32(2), 165-173.

Parlakian, R. (2001). Look, listen, and learn: Reflective supervision and relationship-based work. Washington, D.C.: Zero to Three.

Saul, D. & Jones Harden. B. (2009). Nurturing the nurturer: Caring for caregivers in Head Start programs. Head Start Bulletin, 80, 91-93.

Schön, D. A. (1983). The reflective practitioner. New York: Basic Books.

Schön, D. A. (1987). Educating the reflective practitioner. San Fransisco: Jossey-Bass.

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